



## Oak Spirit Sanctuary 2022 Virtual Ostara Ritual

March 19, 2022



Welcome to the Oak Spirit Sanctuary 2022 Virtual Ostara ritual. This ritual has been done in collaboration between Oak Spirit Sanctuary and the Conclave of the Craft. This ritual is meant to be a participatory ritual. As such, we have developed this ritual outline that you will be able to follow along with at home, and participate as we participate. All of our energies from everywhere we are, combined to create the spirit of our community awakening into the spring. Join us on our journey to create something that will bring the power of Spring, the Sun, and our community with us.

The Spring Equinox officially begins the season of Spring, though we felt that energy in the beginning of February at Imbolc, it is more present now. The sun is rising earlier and staying out later giving us more energy, and time to enjoy it. One of the most common Neo-Pagan themes of Spring is to “clean house,” Clearing out the old, preparing space for the new to come in. It is also a time when things are beginning to grow, fertility magick abounds and playful fun becomes the norm.

Symbols of this season include the egg, bunnies, and flowers. All of which demonstrate newness and growth or change. Our ritual will be about creating and charging an oil that you can use year round to tap into this energy, to help you “clean house” spiritually and physically.

### The Oil

In order to fully participate in this ritual you will need to gather your oils ahead of the ritual. If it is easier for you, you may combine them in the container you have prior to the ritual. We will be combining ours at the ritual.

For the working you may want to have the following items on hand. These are not comprehensive lists, but guidelines to help you choose.

A jar/container: we would suggest using a smaller jar that is colored to help preserve the oil, but that is not an absolute, whatever you have is fine.

Depending on the size of the jar we suggest having a funnel or a dropper and paper towels.

Base Oil – This oil is a representation of the divine ALL each of us has representation of all the divine parts, as we are part of the divine. Oils that are made with plants have all of the elements of the divine in them as well as all of the elements. Water for growing, soil and earth for nutrients, sun for power, and air for stimulating the process. Choose a plant based oil such as grape seed, safflower, or almond. This is not a comprehensive list.

Active Oil – This oil represents the active divine, the energy of power, will, and manifestation. Choose one of the oils in this list to help with protection, cleansing, and blessing: Rosemary, Basil, Dandelion, Honeysuckle, Nettle, or Cinnamon. This is not a comprehensive list. If you choose a different oil, keep in mind the properties you are after and the association with either fire or air.

Receptive Oil – This oil represents the receptive properties of the divine, the energy of healing, intuition, dreams, and love. Choose one of the oils in this list to help with healing, calming, can blessing: Spearmint or Peppermint, Patchouli, Thyme, Lemongrass, or Lavender. This is not a comprehensive list. If you choose a different oil, keep in mind the properties you are after and the association with either water, or earth.

If you are going to combine the oil prior to the ritual because that will work better for you, use 6 parts base oil, 2 part active oil, and 2 part receptive oil.

- *Note: in this case a part would be for every 6 drops of base oil you use, use 2 drops of receptive oil and 2 drops of active oil.*

### **Workshops:**

OSS will be presenting workshops online throughout the day as well. Please come enjoy the workshops.

**Basic Neo-Pagan Year and a Day Class:** Grounding and Meditation - The basics of learning grounding, centering, and meditation. With some guidance on skills and techniques to help with this essential practice for participating in circles. This class will be hosted by Patrick Finney.

**Fertility Magick:** This workshop will talk about using the energy of the season to create fertility magic and the full scope of what that means. Fertility magic is not just about procreation, but about manifestation and growth of projects, art, buildings, and so much more. Join the presenters as they walk you through this topic. This workshop will be hosted by Taz Chance and Amy Rhea.

### **OSS Ostara Ritual**

**Purpose:** The purpose of this ritual is to tap into the power of the Spring Equinox, the power of new beginnings, the sunrise, and the cleansing of the sun as it begins to strengthen in our year. In doing so we will create a blessing oil that can be used throughout the year to bring fertility, prosperity, and growth into our homes, our sacred spaces, our jobs, and ourselves.

### **Materials:**

#### Need:

As a participant of the ritual you will need to have the following items.

A Broom                                      White candles for each quarter (tea lights are great)

A lighter or Matches                      A divine candle for the main altar (tea lights are great.)

Cakes and Ale.

#### Additional Suggestions:

Other than the needs, set your ritual space up in a way that reflects your tastes, path, and the season.

## **Ritual:**

### Cleansing and Creating Sacred Space

As Spring is about cleaning out the old, and bringing in the new, it is where we get the term “Spring Cleaning from” before the ritual begins, take your broom and sweep your space clean in a clockwise manner to bring in the clean.

Next, cleanse your sacred space using the method that works best with your tradition and path. We will be cleansing with Salt Water and incense. We will be using a flower based incense.

Set your ritual area up. You will need to have your supplies on a center space along with the divine candle and a lighting tool. Place each quarter candle in their respective direction.

### Note to Begin:

All calls and chants are meant for every participant to say with the ritual crew. In that light, the words for each are outlined in the ritual script below. The more energy you put into the circle creation and working, the more power that will be in your blessing oil.

### **Begin:**

Stand in your sacred space, take a deep breath, let your senses reach out around you, feel the energy moving around you, above you, and below you. Take a deep breath, merging yourself in that energy space. After a few deep breaths we will begin chanting:

“There is no time but now, there is no place but here, In the sacred we do stand In a circle hand in hand” (The ritual group will be playing this music by Kellianna, join in as we ground ourselves.)

**Casting the Circle:** Stand in the ritual space facing East. Using the tool of your choice (or your index finger on your dominant hand) visualize clear blue energy coming from you to the circle. Feel the energy crackly around you and direct it to build your shield. As you move around the circle, (East to South to West to North then finish at East again) you will build a sphere around your sacred space. That space through energy will be connected to all the other spheres created by those participating in the circle.

*“Circle, Circle burning Bright, bring the power of your light. Lend us power in our right as we walk between the worlds tonight. All here are safe from harm, to walk with the divine arm in arm.”*

### **Welcoming the Quarters:**

In our tradition we strongly feel the need to acknowledge and welcome without demand from the elements. Below are the calls we as a group will be using. Join your voice with ours calling to the universe.

East: As you call, feel the Spring Breeze flush across your skin, and the smell of fresh grass. “I call to the Air and welcome you here, your energy for communication, knowledge, and beginnings abound.” Light the East Candle.

South: As you call, feel the warm heat of the sun, and smell the whiff of the fires flames. "I call to the Fire and welcome you here, your energy in will, passion, and dedication be found." Light the South Candle

West: As you call, feel the mist of a Spring rain, and smell the scent of fresh dew on the grass. "I call to the Water and welcome you here, your energy in healing, dreaming, and wisdom abound." Light the West Candle

North: as you call, feel the solid ground beneath your feet, and feel the strength of the mountains who stand for millennia. "I call to Earth and welcome you here, your stability, foundations, and mystery are found. Light the North Candle

Turn back to the east to complete the circle and give acknowledgement that the elements are present. You will see our group bow slightly as we do this.

### **Welcoming the Divine and Ancestors:**

"I call to the ancestors, those who walked before us, whose blood flows through us, and whose voices speak with us, we welcome you here."

"I call to the divine, the Elder, the Matriarch, The parent, The Youth, the Child. We call to all aspects from which wisdom, join, and connection be found. We welcome you here."

Light the Divine Candle.

### **The Working:**

The ritual crew will talk a bit about the powers of Spring.

PS1: Spring is about beginnings, balance, and growth. The day and night are equal at this time, but from this time forward the sun will gain in strength until Litha. That strength adds power to the working that we do while harnessing the sun.

PS2: It is also a traditional time of the year to cleanse our spaces. To sweep out the long thoughts and interreflections we have done over the dark part of the year and to bring forth the active parts of our lives.

East: It is now time to use our knowledge and begin to plan to act on our goals and projects.

South: The power of the sun provides energy to our will, our passion, and our desires.

West: The movement of the cycles helps us plant, nurture, grow, and create.

North: Our work now will bring forth manifestation of those things we are seeking.

P1: Tonight we are going to create and charge a blessing oil that is charged with the power of Spring, new beginnings and the sun.

P2: This oil is a balanced oil, harnessing all parts of the divine.

P3: Once done, the oil will help us manifest our own growth through cleansing our spaces and ourselves.

PS1: The first step in creating the oil is to put the base oil into your container. This oil represents the Divine All and is the carrier for the energy we will be manifesting. As a plant based oil it carries the energy of the sun, the earth, the wind, and water. You will put 6 parts in your container like we are doing here.

*“Divine energy manifested in the and all found in our oil, charge with our intent to cleanse and bring growth.”*

PS2: Next you will add 2 parts of your receptive oil. This oil represents the nurturing, creative, intuitive, healing side of divine energy. It is a carrier of the earth and the water.

*“With this oil, we infuse nurturing, creative, intuitive, and healing energy to cleanse and bring growth”*

PS1: Next you will add 2 parts of your active oil. This oil represents protection, will, passion, drive, and the active side of divine energy. Place two parts of this oil in your jar. Then take your receptive oil. This oil represents nurturing, giving, dreams, intuition, wisdom, and cleansing.

*“With this oil, we infuse will, passion, drive and protection energy to cleanse and bring growth”*

PS2: Once all of the oil is in your jar, seal the jar and begin mixing it. We are the weavers of our energy, we are weaving each of these three pieces together to form a balanced whole that will cleanse and protect our spaces in preparation for our growth. (While charging this we will play *Weaving the Web of Life*, please chant with us as we raise energy. Let the energy move through your body, as we sing, move, and chant. Put that energy through your arms filled with your intent and push it into the container with your oil.

*“Weavers (weavers), Weavers (weavers), we are weaving the Web of life”*

## **Cakes and Ale**

(We have suggested that grapes be used to represent both the ale and the cakes for this ritual. Cakes and Ale is used to help ground out energy raised in our circle and bring ourselves back to the Earth Plane).

Let us bless our offering. (hold your fruit offering up and say) “Fruit of the earth, grown from all of the elements, filled with the energy of the divine, we offer our blessing to you, and give gratitude for the fruits of your world. May we never hunger, and never thirst, blessed be”

Eat a piece of your fruit, and hold a piece to give in offering to the earth after the ritual is complete.

## **Thanking the Divine**

“I call to the divine, the Elder, the Matriarch, The parent, The Youth, the Child. We call to all aspects from which wisdom, join, and connection be found. We thank you for your presence in our rite.”

“I call to the ancestors, those who walked before us, whose blood flows through us, and whose voices speak with us, we thank you for your presence in our rite.”

Blow out the divine candle

## **Thanking the Quarters**

East: As you call, feel the Spring Breeze flush across your skin, and the smell of fresh grass. "I call to the Air and Thank you for being here, your energy for communication, knowledge, and beginnings abound." Blow out the quarter candle.

South: As you call, feel the warm heat of the sun, and smell the whiff of the fires flames. "I call to the Fire and Thank you for being here, your energy in will, passion, and dedication be found." Blow out the quarter candle.

West: As you call, feel the mist of a Spring rain, and smell the scent of fresh dew on the grass. "I call to the Water and Thank you for being here, your energy in healing, dreaming, and wisdom abound." Blow out the quarter candle.

North: as you call, feel the solid ground beneath your feet, and feel the strength of the mountains who stand for millennia. "I call to Earth and Thank you for being here, your stability, foundations, and mystery are found." Blow out the quarter candle.

Turn back to the east to complete the circle and give acknowledgement that the elements are present.

## **Release the circle**

Facing to the North. Connect yourself to the sphere you created, as you walk around the circle, put the energy of the sphere into the ground, allowing nature to recycle the energy into growth in the plants around you.

"Circle, Circle burning bright, thank you for the power of your light. Bring us back from sacred ground. All gathered here now safe and sound. Blessed Be"

We will finish our Ritual with the following song *By the Earth*.

"The circle is open, but never broken, Merry Meet, Merry Part, and Merry Meet again.

"By the earth that is her body, By the air that is her breath, By the fire that is her bright spirit, By the living waters of her womb, May the peace of the goddess be, Forever in your heart, The circle is open, But unbroken, Merry Meet and Merry Part, By the earth that is her body, By the air that is her breath, By the fire that is her bright spirit, By the living waters of her womb, May the peace of the faeries be, Forever in your heart, The circle is open, But unbroken, Merry meet and merry part, By the earth that is her body, By the air that is her breath, By the fire that is her bright spirit, By the living waters of her womb, May the peace of the goddess be, Forever in your heart, The circle is open, But unbroken, Merry meet and merry part, By the earth that is her body, By the air that is her breath, By the fire that is her bright spirit, By the living waters of her womb, May the peace of the fairies be, Forever in your heart, The circle is open, But unbroken, Merry meet and merry part, By the earth that is her body, By the air that is her breath, By the fire that is her bright spirit, By the living waters of her womb, May the peace of the goddess be, Forever in your heart, The circle is open, But unbroken, Merry meet and merry part, By the earth that is her body, By the air that is her breath, By the fire that is her bright spirit, By the living waters of her womb, May the peace of the fairies be, Forever in your heart, The circle is open, But unbroken, Merry meet and merry part..., ... and merry meet again"

## **Chant References:**

The following chants are used in the ritual and the music will be played and shared during our live broadcast.

Kellianna – There is No Time: <https://www.youtube.com/watch?v=YFK3LXlcu18>

Deidre Pugram Arthen – Weaving the Web of Life <https://www.youtube.com/watch?v=YBfDgpYepWI>

Elaine Silver -By the Earth - <https://www.youtube.com/watch?v=ea1nCGkwaEs>